

Enhanced Level D – “Contact + Droplet” PPE Donning and Doffing Checklist

Name	Sta/Shift	Date	Instructor
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Donning

<input checked="" type="checkbox"/>	Equipment List – Per Person	P	F	R		
	Hand Sanitizer Gel or Foam					
	Boot Covers (one pair)					
	Fluid-Resistant Gown					
	1 pair of Nitrile Gloves, to size (inner glove)					
	1 pair of Nitrile Gloves, one size larger , preferably gauntlet style or extended cuff (outer glove)					
	Additional Nitrile Gloves, for use during patient care, if needed because of tearing or gross contamination					
	N95 Filter Mask					
	Eye Protection: <ul style="list-style-type: none"> • Goggles (cannot be worn with Full Face Shield), or • Safety Glasses (can be worn with Full Face Shield) 					
	Face Protection: <ul style="list-style-type: none"> • Full Face Shield (can be worn with safety glasses, but NOT with goggles), or • One-piece surgical face mask with splash shield (can be worn over N95 with goggles) 					
	Bonnet					
<input checked="" type="checkbox"/>	Donning Check List					
	Remove all jewelry, watches, wallets, badges, keys and personal items (i.e. everything you want to go home with); eyeglasses can be worn, if needed.					
	Tuck pants legs into socks or boots					
	Perform Hand Hygiene					
	Boot Covers					
	Gown (fasten at waist and at neck – “Buddy” can assist with this, if needed)					
	Inner gloves					
	Outer gloves (one size larger than inner gloves and make sure that gloves fully cover gown cuff)					
	N95 Filter Mask (ensure proper, tight fit with no leaks)					
	<table style="width: 100%; border: none;"> <tr> <td style="width: 50%; border: none; vertical-align: top;"> EITHER THIS: <ul style="list-style-type: none"> • Goggles • Optional: one-piece surgical face mask plus splash shield (for face protection) </td> <td style="width: 50%; border: none; vertical-align: top;"> OR THIS: <ul style="list-style-type: none"> • Full Face Shield • Optional: 3M Safety Glasses </td> </tr> </table>	EITHER THIS: <ul style="list-style-type: none"> • Goggles • Optional: one-piece surgical face mask plus splash shield (for face protection) 	OR THIS: <ul style="list-style-type: none"> • Full Face Shield • Optional: 3M Safety Glasses 			
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	Bonnet					
	“Buddy” visual inspection of PPE prior to patient contact					
	Identify any medical equipment needed prior to patient contact					

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CRITICAL REMINDERS:

- **A “Buddy” or other Trained Observer MUST be present to monitor and assist with doffing!**
- **Proper doffing procedure MUST be used to reduce risk of exposure!**
- **Do NOT touch eyes, nose, mouth, face or exposed skin during the doffing procedure!**

Doffing – Overall Sequence:

1. “Lead Medic” serves as “Buddy” for “Treating Medic”, then
2. “Treating Medic” dons Hospital Standard Precautions to serve as “Buddy” for “Lead Medic”, then
3. “Lead Medic” dons disposable gloves to serve as “Buddy” for “Treating Medic”

<input checked="" type="checkbox"/>	Doffing Preparation Check List:	P	F	R
	Remember to bring the Lysol Spray can in to the E.D. with the patient			
	After transferring patient care, identify the doffing location and Biohazard waste bin			
	Obtain the following: <ul style="list-style-type: none"> • 1 hospital “Trauma Pack” or similar “Standard Precautions” PPE kit <ul style="list-style-type: none"> ○ For the “Treating Medic” to wear after doffing the pre-hospital PPE • Additional clean, disposable, Nitrile Gloves • Hand Hygiene supplies • Chair (if available) 			
	Review the entire doffing procedure with your “Buddy”			
	Remember to place all PPE items removed into the proper Biohazard waste bin			
<input checked="" type="checkbox"/>	Doffing Equipment List – Per Team of 2 EMS Providers			
	Lysol Spray can from the Rescue			
	Biohazard Bags (3) and Biohazard waste bin			
	Disposable, Nitrile Gloves (several pairs)			
	Hand Hygiene supplies			
	Hospital “Trauma Pack” or similar “Standard Precautions PPE”: <ul style="list-style-type: none"> • Gown • Surgical mask with attached face shield (or equivalent) • Bonnet (optional) • Boot or shoe covers (optional) 			
<input checked="" type="checkbox"/>	Doffing Procedure for EMS Provider #1 (“Treating Medic”):			
	➤ The procedure will repeat from this point for EMS Provider #2 (“Lead Medic”)			
	“Buddy” sprays Lysol on front and back of lower gown, exposed pants legs, boot covers and soles			
	Either sitting (if chair is available) or leaning against wall, without crossing legs , remove boot covers: <ul style="list-style-type: none"> • Grab outside of one boot cover approximately one inch from the top • Gently pull away from pants leg, pull down and remove (or roll down), without touching your pants leg or the inside of the boot cover • Drop into Biohazard waste bin • Repeat for the other boot cover 			

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Remove outer gloves, without touching bare skin or the inside of the inner gloves			
<ul style="list-style-type: none"> Drop into Biohazard bin 			
Stand up, with “Buddy” behind you			
“Buddy” unties gown and instructs you to now remove the gown			
Remove the gown and inner gloves:			
<ul style="list-style-type: none"> Slightly lean forward, bowing at the waist, then perform cross-arm shoulder grab of the gown (touch only OUTSIDE), peel gown down slowly, rolling it away from you as you go Roll gown into manageable bundle, without allowing it to touch your clothing Remove inner gloves with the gown, without touching bare skin or inside of inner gloves Drop gown with outer gloves into Biohazard waste bin 			
Perform Hand Hygiene			
<ul style="list-style-type: none"> Generous quantity of sanitizer gel or foam, minimum of 20 seconds Allow gel or foam to fully absorb into skin, as much as possible 			
Don TWO clean pairs of disposable gloves			
Remove Bonnet with ONE hand:			
<ul style="list-style-type: none"> Grasp bonnet at rear and gently pull away from head/face Drop into Biohazard waste bin			
<i>Remove outer face mask/splash shield, if used, with ONE hand</i>			
<ul style="list-style-type: none"> <i>Grasp with one hand</i> <i>“Buddy” unties from behind or assists, if needed</i> <i>Drop into Biohazard waste bin</i> 			
Remove Goggles with the OTHER hand:			
<ul style="list-style-type: none"> Grasp goggles at side and gently pull away from head/face Drop into Biohazard waste bin 			
Remove outer gloves, without touching bare skin or inside of inner gloves			
Remove N95:			
<ul style="list-style-type: none"> Grasp mask in front with one hand Actively exhale while pulling mask forward, away from face Lift straps away from head/neck with the other hand <ul style="list-style-type: none"> “Buddy” can assist with this step, if needed Drop into Biohazard waste bin 			
Remove inner gloves			
<ul style="list-style-type: none"> Drop into Biohazard waste bin 			
Wash at-risk skin surface areas and hands:			
<ul style="list-style-type: none"> Wash neck, other at-risk skin surfaces, and hands with soap and water, if available Perform Hand Hygiene with hand sanitizer Repeat washing and Hand Hygiene, if indicated			
“Buddy” sprays pants legs and shoes/boots with Lysol			
<input checked="" type="checkbox"/> Doffing Procedure for EMS Provider #2 (“Lead Medic”):			
EMS Provider #1 (“Treating Medic”, “TM”) now dons Hospital Standard Precautions or “Trauma Pack” PPE:			
<ul style="list-style-type: none"> Gown Surgical mask with attached face shield (or equivalent) Additional nitrile gloves Bonnet (optional) 			
➤ Repeat the entire doffing procedure for EMS Provider #2 (“Lead Medic”)			
<ul style="list-style-type: none"> EMS Provider #1 (wearing Standard Precautions PPE) serves as the “Buddy” 			
Wash at-risk skin surfaces and hands:			

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<ul style="list-style-type: none"> • Wash neck, other at-risk skin surfaces, and hands with soap and water, if available • Perform Hand Hygiene with hand sanitizer • Repeat soap-and-water wash and Hand Hygiene, if indicated 			
<p>➤ <i>EMS Provider #2 (“LM”) dons gloves to assist EMS Provider #1 (“TM”) with Standard Precautions doffing (sprays with Lysol, unties gown, assists with eye/face protection, etc.)</i></p>			
<p>Wash at-risk skin surfaces and hands:</p> <ul style="list-style-type: none"> • Wash neck and hands with soap and water, if available • Perform Hand Hygiene with hand sanitizer • Repeat soap-and-water wash and Hand Hygiene, if indicated 			
<p>Disposal:</p> <ul style="list-style-type: none"> • Follow advice of hospital staff for disposal at hospital of bagged, sealed and labeled PPE • If the PPE waste must be returned to a DFR station, deposit the bag in the contaminated material box for processing through Waste Management, Inc. 			
<p>Reporting:</p> <ul style="list-style-type: none"> • Self-disclose any concern for a breach during the doffing procedure • Confirm with “Buddy” that no breach or visible, unprotected area was observed to be grossly contaminated • Report as soon as possible to EMS Field Supervisor any known or suspected procedure breach 			
<p>Personnel recovery:</p> <ul style="list-style-type: none"> • Both EMS Providers proceed to recovery/rehab area for hydration 			
<p>Complete patient documentation and care management steps per UTSW/BioTel EMS System Guidelines for Therapy and agency-specific policies and procedures</p>			